

SAMPLE BREAKFAST MENU

Selection of cereals and homemade muesli (n) (w) (g)

OR

Seasonal Fresh Fruit with Natural Yoghurt or Crème Fraîche

Orange Juice (unconcentrated)

Trotters of Seahouses Multi-Grain or White Toast served with our own Homemade Seville Marmalade and Jams, Marmite and local honey from Chainbridge Honey Farm

A choice of Ringtons of Newcastle Breakfast tea, Earl Grey, Herbal Teas (decaffeinated tea on request)

Pilgrims of Holy Island `Daily Bread` Ground Coffee (decaffeinated on request)

THE LAND

Full Northumbrian Breakfast

*`Bamburgh Banger` Sausage, Bacon, Black Pudding, Oven-Baked Vine Tomato, Mushrooms
Served with an egg of your choice; (fried, scrambled or poached) (g,w)*

Boiled Egg with `Dippy Soldiers` (v)

One or two eggs, served with white or brown `Soldiers` (g,w)

Slow-cooked Porridge with blueberries (v, vg)

Made with water and a Hint of Crystallised Ginger

Cheesy Scrambled Egg made with local Doddington Dairy `Cuddy's Cave` Artisan Cheese (v)

Served inside a warm croissant

A choice of Bacon or `Bamburgh Banger` Sausage Sandwich

Grilled and served on Multi-Grain or White Bread

Continental Style Breakfast (vegetarian option available)

With Ham, Continental meats, cheeses, croissants, fresh & dried fruit, butter and homemade preserves

THE SEA

Oak Smoked filleted Craster Kipper

*Lightly steamed, served with an oven-baked Vine Tomato, Wedge of Lemon and Lime
With Multi-Grain Bread on the side (g,w)*

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Oak Smoked Craster Haddock (subject to availability)

Lightly Steamed and served with a Poached egg on a Toasted Muffin (g,w)

Oak Smoked Craster Salmon

Served with Scrambled Egg, on Multi-Grain Toast (g,w)

VEGETARIAN

Full Northumbrian Vegetarian Breakfast

*Vegetarian Sausage, Vegetarian Haggis, Mushrooms, Oven-Baked Vine Tomato, Hash Brown,
Served with an egg of your choice (v) (g,w)*

Homemade Baked Beans with a Hint of Spice (v)

Served on a toasted muffin, with vegetarian Haggis and a poached egg (g,w)

V – Suitable for vegetarians GW – contains wheat/gluten N – contains nuts

Disclaimer: Most of the breakfast ingredients do contain wheat, gluten, egg, fish, milk or products may contain any other allergen.