

## SAMPLE BREAKFAST MENU

Selection of cereals and homemade muesli (n) (w) (g)

Seasonal Fresh Fruit with Natural Yoghurt or Crème Fraîche

Non-concentrated Orange Juice

Multi-Grain or White Toast served with our own Homemade Seville Marmalade and Jams, Marmite and local honey from Chainbridge Honey Farm

A choice of Ringtons Breakfast tea, Earl Grey, Herbal Teas (decaffeinated on request)

Pilgrims of Holy Island `Daily Bread` Ground Coffee (decaffeinated on request)

## THE LAND

### **Full Northumbrian Breakfast**

*`Bamburgh Banger` Sausage, Bacon, Black Pudding, Oven-Baked Vine Tomato, Mushrooms  
Served with an egg of your choice; (fried, scrambled or poached) (g,w)*

### **Boiled Egg with `Soldiers` (v)**

*One or two boiled eggs, served with white or brown `Soldiers` (g,w)*

### **Slow-cooked Porridge (v, vg)**

*Made with water and a Hint of Crystallised Ginger*

### **Homemade Baked Beans**

*With Haggis and a Poached Egg, served on a Crumpet (g,w)*

### **Cheesy Scrambled Egg made with Doddington Dairy `Cuddy's Cave` artisan cheese (v)**

*Served on Multi-Grain or White Toast*

## THE SEA

### **Craster Oak Smoked Kipper (filleted herring)**

*Lightly steamed, served with an oven-baked Vine Tomato, Wedge of Lemon and Lime  
With Granary Bread on the side (g,w)*

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### **Craster Oak Smoked Haddock (subject to availability)**

*Lightly Steamed and served with a Poached egg on a Toasted Muffin (g,w)*

### **Craster Oak Smoked Salmon**

*Served with Scrambled Egg, on Granary Toast (g,w)*

## VEGETARIAN

### **Full Northumbrian Vegetarian**

*Vegetarian Sausage, Vegetarian Haggis, Mushrooms, Oven-Baked Vine Tomato, Hash Brown,  
Served with an egg of your choice (v) (g,w)*

### **Homemade Baked Beans**

*With Vegetarian Haggis and a Poached Egg  
Served with on a Crumpet  
(v) (g,w)*

V – Suitable for vegetarians    GW – contains wheat/gluten    N – contains nuts

Disclaimer: Most of the breakfast ingredients do contain wheat, gluten, egg, fish, milk or products may contain any other allergen.