



BREAKFAST MENU

Selection of cereals, granola and our own homemade muesli (n) (w) (g)

A selection of freshly prepared fruit and natural yoghurt

Unconcentrated Fruit Juices

Granary or white toast served, together with our own homemade Marmalade and Jams. Chainbridge Honey Farm locally produced honey is also available.

*A choice of Ringtons English Breakfast Tea (decaffeinated on request), Earl Grey, fruit or herbal tea
Pilgrims of Holy Island `Daily Bread` ground coffee (decaffeinated on request)
Ringtons Fairtrade Hot Chocolate and marshmallows (available on request)*

THE LAND

Full Northumbrian Breakfast

*Carter's `Bamburgh Banger` sausage, bacon and black pudding, oven-baked vine tomato, mushrooms
Served with an egg of your choice; (fried or scrambled) (g,w)*

Vegetarian Full Northumbrian

*Vegetarian sausage, Vegetarian Haggis, mushrooms, oven-baked vine tomato, baked beans, hash brown
and an egg of your choice (v) (g,w)*

Boiled Egg with `Dippy Soldiers`

*One or two boiled eggs (soft boiled, medium boiled or hard boiled), with white or granary toasted `Soldiers`
(g,w) (v)*

Slow-Cooked Porridge

With a hint of ginger (v)

Post Office House Homemade Baked Beans (Vegetarian option available)

Served on a toasted muffin, Black Pudding and a Poached Egg (g,w) (v)

THE SEA

Robson's of Craster Traditionally Oak-Smoked filleted Kipper (Herring)

*Lightly steamed, served with an oven-baked vine tomato, wedge of lemon and lime
with granary bread on the side (g,w)*

Robson's of Craster Traditionally Oak-Smoked Salmon

With scrambled egg, served on toasted granary bread (g,w)

If you wish a lighter option breakfast, i.e. bacon or sausage sandwich, scrambled/poached/fried egg on toast, baked beans on toast, please write this on your breakfast form and leave in the holder at the bottom of the stairs the evening before.

V – Suitable for vegetarians GW – contains wheat/gluten N – contains nuts

Disclaimer: Most of the breakfast ingredients do contain wheat, gluten, egg, fish, milk or products may contain any other allergen.