

BREAKFAST MENU

Selection of cereals, granola and our own homemade muesli (n) (w) (g)

Seasonal fresh fruit and natural yoghurt

Fruit Juices (not from concentrate)

Granary or white toast (GF available), together with our own homemade Marmalade and Jams
(Our own homemade Soda bread is also available, on request)

*A choice of Ringtons Breakfast Tea, Earl Grey, fruit or herbal tea (decaffeinated on request)
Pilgrims of Holy Island `Daily Bread` ground coffee (decaffeinated on request)*

THE LAND

Full Northumbrian Breakfast

*Carter's `Bamburgh Banger` sausage, bacon and black pudding, oven-baked vine tomato, mushrooms
Served with an egg of your choice; (fried, scrambled or poached) (g,w)*

Vegetarian Full Northumbrian

*Vegetarian sausage, mushrooms, oven-baked vine tomato, hash brown
and an egg of your choice (v) (g,w)*

Boiled Egg with `Soldiers`

One or two boiled eggs (soft boiled, medium boiled or hard boiled), with white or granary `Soldiers` (g,w) (v)

Slow Cooked Porridge

With a hint of ginger (v)

Homemade Baked Beans (Vegetarian option)

Served on a toasted muffin, Black Pudding and a Poached Egg (g,w) (v)

THE SEA

Robson's of Craster Traditionally Oak-Smoked Kipper (filleted herring)

*Lightly steamed, served with an oven-baked vine tomato, wedge of lemon and lime
with granary bread on the side (g,w)*

Robson's of Craster Traditionally Oak-Smoked Salmon

With scrambled egg, served on toasted granary bread (g,w)

***If you wish a lighter option for your cooked breakfast, i.e. bacon or sausage sandwich,
scrambled/poached/fried egg on toast, baked beans on toast, then please write this on your breakfast form
and leave in the dining room the evening before.***

V – Suitable for vegetarians GW – contains wheat/gluten N – contains nuts

Disclaimer: Most of the breakfast ingredients do contain wheat, gluten, egg, fish, milk or products may contain any other allergen.

